The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.unitedemployees.org or (253) 474-1214. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-223-2449 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$300 Individual \$900 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Preventive Care, Office Visits, Chiropractic Care, prescription drugs and Routine Eye Care	This plan covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://healthcare.gov/coverage/preventive-care-benefits/">https://healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Medical: Network Providers \$5,000 Individual / \$10,000 Family Out-of-Network providers None Prescription Drugs: \$2,900 Individual / \$5,800 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Out-of-network copayments and balance billing charges, pre-auth. penalty, premiums and services the plan does not cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of network providers see www.premera.com/sharedadmin or call (800) 810-2583.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All  $\underline{\text{copayment}}$  and  $\underline{\text{coinsurance}}$  costs shown in this chart are after your  $\underline{\text{deductible}}$  has been met, if a  $\underline{\text{deductible}}$  applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider	Out-of-Network Provider	Information
	Drimany some visit to treat on	(You will pay the least)	(You will pay the most)	
If you visit a health care provider's office	Primary care visit to treat an injury or illness	\$25 copay per visit and 20% coinsurance	\$25 <u>copay</u> per visit and 40% coinsurance	None
or clinic	<u>Specialist</u> visit	\$25 <u>copay</u> per visit and 20% <u>coinsurance</u>	\$25 <u>copay</u> per visit and 40% c <u>oinsurance</u>	Limited to 24 visits/year for acupuncture, naturopath and massage practitioner.
	Preventive care/screening/immunization	No Charge	\$25 <u>copay</u> per visit 40% c <u>oinsurance</u>	None
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	40% coinsurance	None
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	None
If you need drugs to treat your illness or	Generic drugs	Retail 15% <u>coinsurance</u> Mail Order \$15 <u>copay</u>	Retail 15% <u>coinsurance</u> Mail Order \$15 <u>copay</u>	Deteil severe up to a 20 day symply
condition  More information about	Preferred brand drugs	Retail 30% <u>coinsurance</u> Mail Order \$50 <u>copay</u>	Retail 30% <u>coinsurance</u> Mail Order \$50 <u>copay</u>	Retail covers up to a 30-day supply Mail order covers up to a 90-day supply
prescription drug coverage is available at www.maxorplus.com	Non-preferred brand drugs	Retail 50% <u>coinsurance</u> minimum \$50 <u>copay</u> Mail Order \$100 <u>copay</u>	Retail 50% coinsurance	
	Specialty drugs	Retail 30% coinsurance Mail Order \$50 copay brand drugs; \$100 copay non-brand drugs	Retail 30% coinsurance	Retail and Mail Order limited to 30-day supply
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	Preauthorization is required. \$250 penalty if surgery is not preauthorized
	Physician/surgeon fees	20% coinsurance	40% coinsurance	Surgery is not preauthorized
If you need immediate medical attention	Emergency room care	\$150 <u>copay</u> per visit 20% <u>coinsurance</u>	\$150 <u>copay</u> per visit 20% <u>coinsurance</u>	\$150 <u>copay</u> waived if admitted to hospital
	Emergency medical transportation	20% coinsurance	20% coinsurance	Limited to transport to nearest facility equipped to treat condition

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.unitedemployees.org.

Common	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider	Out-of-Network Provider	Information
modical Evolit		(You will pay the least)	(You will pay the most)	1 111
	<u>Urgent care</u>	\$25 <u>copay</u> per visit	\$25 <u>copay</u> per visit	None
		20% coinsurance	40% coinsurance	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	<u>Preauthorization</u> is required. \$250 penalty if inpatient stay is not preauthorized
	Physician/surgeon fees	20% coinsurance	40% coinsurance	
If you need mental	Outpatient services	\$25 copay per visit	\$25 copay per visit	None
health, behavioral	·	20% coinsurance	40% coinsurance	
health, or substance abuse services	Inpatient services	20% coinsurance	40% coinsurance	<u>Preauthorization</u> is required. \$250 penalty if inpatient stay is not preauthorized
16	Office visits	\$25 copay per visit	\$25 <u>copay</u> per visit	Cost Sharing does not apply for preventive
If you are pregnant		20% coinsurance	40% coinsurance	services. Depending on the type of services, a
	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	coinsurance may apply.
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	
If you need help	Home health care	20% coinsurance	40% coinsurance	120 visits/year
recovering or have	Rehabilitation services	\$25 copay per visit	\$25 copay per visit	40 visitatus and la alvada a marvais al the anamy
other special health		20% coinsurance	40% coinsurance	48 visits/year. Includes physical therapy, speech therapy and occupational therapy.
needs	Habilitation services	\$25 <u>copay</u> per visit 20% <u>coinsurance</u>	\$25 <u>copay</u> per visit 40% <u>coinsurance</u>	Copay applies to outpatient services.
	Skilled nursing care	20% coinsurance	40% coinsurance	120 visits for same or related condition
	Durable medical equipment	20% coinsurance	40% coinsurance	Orthotics limited to \$500 every 24 months Excludes vehicle modifications, home modifications, exercise and bathroom equipment, deluxe equipment.
	Hospice services	20% coinsurance	40% coinsurance	120-day lifetime maximum
If your child needs	Children's eye exam	No Charge	Charges over \$101	Once per calendar year
dental or eye care	Children's glasses	No Charge	Charges over \$140	Once per calendar year
	Children's dental check-up	Not covered	Not covered	Covered under separate dental plan

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.unitedemployees.org.

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric Surgery
- Cosmetic Surgery
- Infertility Treatment

- Long-term Care
- Non-emergency care when traveling outside the U.S.
- Private-duty Nursing
- Routine Foot Care
- Weight Loss Programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Chiropractic Care (24 visits per year, paid at 100% after <u>copay</u>)
- Dental Care (separate plan)
- Hearing Aids (up to \$1,000 per aid; no more than two aids every five years)

• Routine Eye Care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at (866) 444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="health-lnsurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="hwww.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: United Employees Benefit Trust, 220 S 27th St, Suite B, Tacoma WA 98402 or call (253) 474-1214. You may also contact the Department of Labor's Employee Benefits Security Administration at (866) 444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al (253) 474-1214.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (253) 474-1214.

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (253) 474-1214.

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (253) 474-1214.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.unitedemployees.org.



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$300
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700

# In this example, Peg would pay:

Total Example Cost

Cost Sharing		
Deductibles	\$300	
Copayments	0	
Coinsurance	\$2,410	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$2,770	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a wellcontrolled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$300
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	20%
■ Other prescription drug	15%

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

<b>Total Example Cost</b>	\$5,600

### In this example, Joe would pay:

Cost Sharing		
Deductibles	\$120	
Copayments	\$130	
Coinsurance	\$890	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,160	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$300
■ Specialist copayment	\$25
■ Hospital (facility) copayment	\$150
and coinsurance	20%
■ Other coinsurance	20%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

## In this example, Mia would pay:

Cost Sharing	
Deductibles	\$300
Copayments	\$280
Coinsurance	\$440
What isn't covered	
Limits or exclusions	\$0.00
The total Mia would pay is	\$1,020